


IPPON
KARATE PORTUGAL


LISBOA
CÂMARA MUNICIPAL

KARATE OPEN LISBOA

21ST SEPTEMBER 2024

PAVILHÃO MUNICIPAL DO CASAL VISTOSO
LISBOA | PORTUGAL
TLM: +351 918 798 854
EMAIL: INFO@KARATEOPENLISBOA.PT

WWW.SPORTDATA.ORG

ORGANIZATION:



SUPPORTED BY:



WELCOME / INTRODUCTION

It is our pleasure to invite you to the 4th edition of the Open Karate Lisboa which will be held on September 21st of 2024.

Lisbon will host a Major Karate Championship, expecting to receive some of the world top competitors.

Ippon Karate Portugal and the Lisbon Municipality are proud to host this Karate competition and the organizing committee will do its utmost to offer the best facilities in order to make this a most successful and memorable event.

We are looking forward to meeting you all soon in Lisbon!

THE CITY

Lisbon is the capital and the largest city of Portugal, with a population of around 2.7 million people.

Lisbon is recognized as a global city because of its importance in finance, commerce, media, entertainment, arts, international trade, education and tourism.

Lisbon is one of the oldest cities in the world, and the oldest in Western Europe, predating other modern European capitals such as London, Paris and Rome by centuries. Julius Caesar made it a municipium called Felicitas Julia, adding to the name Olissipo. Ruled by a series of Germanic tribes from the 5th century, it was captured by the Moors in the 8th century. In 1147, the Crusaders under Afonso Henriques reconquered the city and since then it has been a major political, economic and cultural center of Portugal



ORGANIZER CONTACT

IPPON KARATE PORTUGAL

Phone: +351 91 879 88 54

E-mail : info@karateopenlisboa.pt

Event Information:



[Instagram](#)



[Facebook](#)



[Sportdata](#)

KARATE
OPEN
LISBOA

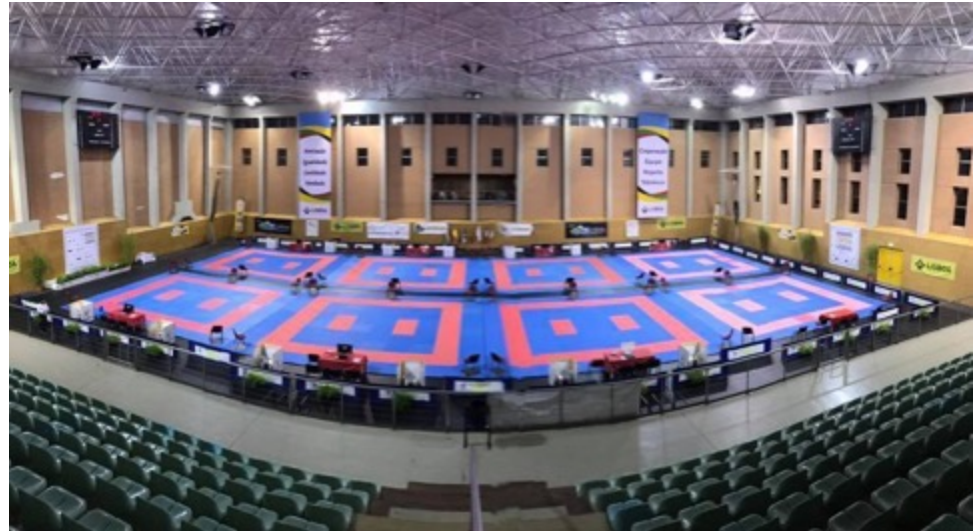
SITE AND DATE

SITE

Pavilhão Municipal Casal Vistoso

Portugal – Lisboa

Rua João da Silva 1900 - 271 Lisboa



DATE

The event will take place on the 21st of September 2024

TRANSPORTATION

AIRPORT

[Lisbon Portela Airport](#), also known as Lisbon Airport is an international airport located in the city of Lisbon, the capital of Portugal.

METRO

The [Lisbon Metro](#) is the metro (subway) system of Lisbon, Portugal. As of 2016, the four Lisbon metro lines total 43.2 kilometres (26.8 mi) of route and serve 55 stations.

EVENT MAP

KARATE OPEN LISBOA

BAR

WARM UP
AREA

FUN & SHOP

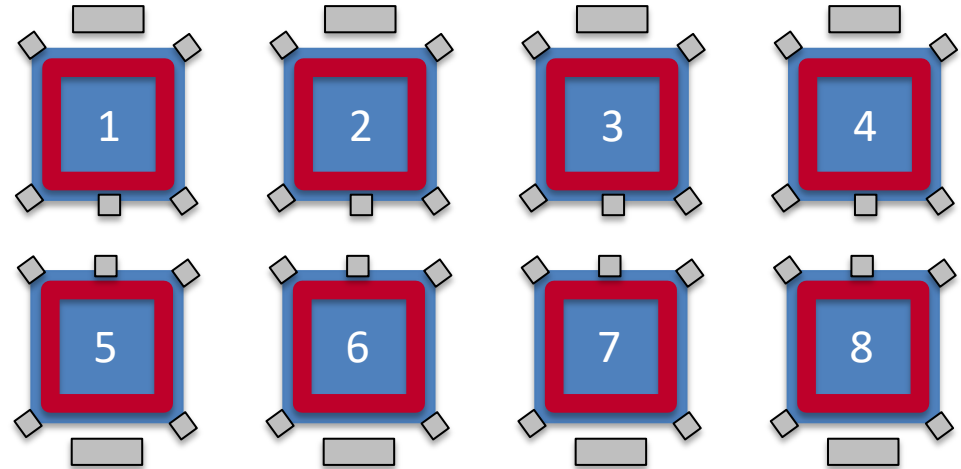
REGISTRATION

ENTRANCE

MAIN HALL

BOARD TABLE

PODIUM



PUBLIC

DRESSING ROOMS

REGISTRATION

- All competitors, referees, coaches and officials must register online using the online system on [Sportdata](#)
- In case of any questions concerning the online registration please directly contact the organization team via the email address info@karateopenlisboa.pt
- Clubs / teams / federations are responsible for the quality of the entered registration data. Changes of online registration data are possible until the 07th of September 2024.
- The official registration session will take place on the Site Venue on :
 - Friday 20/09/2024 - from 20:00 to 22:00
 - Saturday 21/09/2024 - from 8:00 to 10:00 and from 12:00 to 14:00

ENTRY FEE

- The entry fees are:
 - €25 per individual category entry until 31/07/2024
 - €30 per individual category from 01/08/2024 until 07/09/2024
 - €5 per coach
- Payment can be done by
 - Bank transfer
 - IBAN - PT50 0018 000326292284020 19 (BIC SWIFT: TOTAPTPL, NAME: A C D KARATÉ SHOTOKAN LISBOA)
 - Paypal
 - info@nksl.org
- Payment receipt shall be sent to info@karateopenlisboa.pt to confirm registrations

KATA CATEGORIES

KATA MALE

U10 Male

U12 Male

U14 Male

U16 Male

U18 Male

Senior Male

KATA FEMALE

U10 Female

U12 Female

U14 Female

U16 Female

U18 Female

Senior Female

KUMITE CATEGORIES

KUMITE MALE

U12 Male -30 Kg
U12 Male -35 Kg
U12 Male -40 Kg
U12 Male -45 Kg
U12 Male +45 Kg
U14 Male -40 Kg
U14 Male -45 Kg
U14 Male -50 Kg
U14 Male -55 Kg
U14 Male +55 Kg
U16 Male -52 Kg
U16 Male -57 Kg
U16 Male -63 Kg
U16 Male -70 Kg
U16 Male +70 Kg
U18 Male -55 Kg
U18 Male -61 Kg
U18 Male -68 Kg
U18 Male -76 Kg
U18 Male +76 Kg
Senior Male -60 Kg
Senior Male -67 Kg
Senior Male -75 Kg
Senior Male -84 Kg
Senior Male +84 Kg

KUMITE FEMALE

U12 Female -30 Kg
U12 Female -35 Kg
U12 Female -40 Kg
U12 Female +40 Kg
U14 Female -42 Kg
U14 Female -47 Kg
U14 Female -52 Kg
U14 Female +52 Kg
U16 Female -47 Kg
U16 Female -54 Kg
U16 Female -61 Kg
U16 Female +61 Kg
U18 Female -48 Kg
U18 Female -53 Kg
U18 Female -59 Kg
U18 Female -66 Kg
U18 Female +66 Kg
Senior Female -50 Kg
Senior Female -55 Kg
Senior Female -61 Kg
Senior Female -68 Kg
Senior Female +68 Kg

COMPETITION RULES

- WKF current rules – For all categories the official WFK rules are applied
- Minimum of 6 people per category. If that number is not attained, competitors will be placed in the above category. In case the category with less than 6 competitors is the one with the heaviest competitors, it will be joined with the previous weight category;
- Kata competition will be evaluated by 5 judges cutting the highest and the lower evaluations;
- Kumite competition will be evaluated by 1 referee and 2 judges according to the [WKF Kumite Competition Rules](#) (Appendix 5);
- Access to the competition area will only be allowed with the official registration card and only during the athletic competition;
- Sports bags will not be allowed in the competition area;
- Photo or video collection will be allowed if you're registered as press;
- Public is not allowed in the competition area;
- The calls will all be made in the Warmup Room;
- Coaches have to have minimum of 18 years. Sportswear is mandatory.

COMPETITION RULES - KATA

| U8 | U10 | U12 | U14 | Other categories |
|--|---|---|---|------------------|
| <p>Katas Básicos da Lista Oficial WKF: Taikyoku Shodan Heians (1-5) Gekisai (1-2) Pinans (1-5)</p> | <p>Basic Katas Official WKF List: Heians (1-5)* Gekisai (1-2)* Pinans (1-5)*</p> | <p>Basic Katas Official WKF List Additional U12 Katas: Goju Ryu Shisochin, Seiyunchin/Seienchin, Sanseru; Shito Ryu Seienchin/Seiyunchin, Bassai-Dai, Jion; Wado Ryu Kushanku, Chinto, Wanshu Shotokan Bassai-Dai, Jion, Enpi;</p> | <p>Official WKF List</p> | <p>WKF Rules</p> |
| <p>Competitors can repeat the same kata in every round.</p> | <p>Competitors should perform a minimum of 2 different basic katas, without repeating the kata performed in the last round.</p> | <p>In the first round the competitor should perform 1 basic kata from the Official WKF list. From the 2nd round on, the competitor can perform any kata from the above list. From the 4th round on, the competitor can repeat katas without repeating the previous. They cannot perform the same Kata more than 2 times</p> | <p>Competitors should perform 3 different katas in the first 3 rounds from the Official WKF List. From the 4th round on, the competitor can repeat katas without repeating the previous. They cannot perform the same Kata more than 2 times</p> | |

WEIGHING

- The weighings will be at the following times:
 - Friday - 20/09/2024 – from 20:00 to 22:00
 - Saturday - 21/09/2024 – from 9:00 to 11:00 and 13:00 to 15:00
- All weighings have to be carried out at least one hour before the beginning of the corresponding category in a specific room
- There will be a tolerance of 1kg with karate gi dressed up
- If the athlete is out of weight for which he / she was enrolled, he / she may pay an additional value of € 10 and sign up for the correct category as long as it's done until the day before his competition.

SCHEDULE

| CATEGORIES | ESTIMATED SCHEDULE |
|------------|-------------------------|
| KATA | SATURDAY 9:00 TO 13:00 |
| KUMITE | SATURDAY 13:00 TO 19:00 |

Attention!

- Please note that this schedule can change based on the number of participants.
- A detailed schedule will be provided the week before the event.
- The official draws will be provided the day before the event.

TICKETS

- An entrance ticket is compulsory for general public, except Athletes and Coaches.
- Entry tickets for general public will be on sale at the venue.
- Ticket Price: 2€

GENERAL INFORMATION

- Time zone: Greenwich Mean Time Zone – GMT
- Weather and climate: By force of its geographical location, *Lisbon* is one of the warmest European capitals, benefiting from a Mediterranean climate with notable subtropical characteristics. Its neighboring on the Atlantic Ocean, as well as the influences of the Tejo River, contribute to Lisbon's advantage of enjoying the warmest winters of all capital cities of Europe.
- Currency: The Portuguese currency is Euro. Foreign currencies can be exchanged at the airport, in banks, as well as in many foreign currency exchange offices which can be found all over the city.
- Communication: To call Portugal from abroad, dial the international code 00 followed by 351 for Portugal, then the number.
- Electricity : 220 Volts / 50 Hz

GENERAL CONTACTS

- Police and Emergency number – 112
- Nearest hospital:
 - Hospital Santa Maria
 - Address - Av. Prof. Egas Moniz
 - Phone number - 21 780 5000


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